

Name and Number \_\_\_\_\_

## **Lent: A Season for Reflection and Repentance**

### Frequently Asked Questions About Lent:

- Why ashes on Ash Wednesday? \_\_\_\_\_

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### Give, Pray, Fast

- What are three things we can give away as part of our almsgiving during Lent?

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- Why is it especially important in today's world that we take fasting seriously?

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### The Season of Lent

- How many days are in Lent? When does the season begin and end?

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- What is the color of Lent? \_\_\_\_\_

- What are four different names for the last day before Lent begins?

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Choose one of the Web sites on the Stations of the Cross. Go through all the stations, looking at the pictures and reading the text. Make a list of the stations on this sheet:

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